



Home Gym Solutions

Inspiration for a new generation

Putting people at the heart

We are the UK market leader in full service premium health, fitness and leisure solutions.

From bespoke home gyms and fitness studios to outdoor gyms and garden wellbeing spaces, our mission is to inspire, encourage and support wellbeing improvement.

We've been leading the field since 2000. We are recognised by industry bodies and their discerning accreditations for our passion, progressive expertise and quality service.







We are the authorities on making better use of space

Our home gym solutions can help you to make the most of your space at home and turn a garage, spare room or garden building into a home gym.

Our expert gym designers create completely tailored solutions to suit your needs, budget and exercise preferences, from classic gym machines to holistic spaces for maintaining balance in your life.

“Our vision is to create inspirational and functional facilities that help people to improve the quality of their life.”

**NICK SADLER,
MANAGING DIRECTOR**

What type of space do you have?

GARAGE

The typical UK garage may be too small for a modern car but it's the ideal space for a high-quality gym. Turn your garage from dumping zone to work-out at home.

SPARE ROOM

Swap occasional overnight guests for a frequently used home gym. Create a place to exercise before work, a wellness oasis or space to get fit with the whole family.

GARDEN BUILDING

Convert a garden room or outbuilding into a fully equipped gym or studio. Our experts know how to maximise space and create flexible solutions that change with the times.





Top reasons to get a home gym

- 1 Everything is designed just for you
- 2 Your home gym is available 24 hours a day, 7 days a week
- 3 No wasted time travelling to and from the gym
- 4 You never have to share or wait to use equipment
- 5 Save on membership and other costs
- 6 The whole family can get involved

“We met with motive8 to go through all our fitness requirements. They were quick to understand exactly what we were looking to achieve and pulled the whole project together in a matter of weeks. Having a gym at home is just fantastic.”

PRIVATE HOME GYM CLIENT



Kick-start your training with a free PT session

Get expert advice from our personal trainers and immediately maximise the returns from your home gym.

- Free 60-minute session with an expert personal trainer
- 10% discount on your first block of 5 or 10 sessions
- Personalised programmes tailored to your fitness goals
- Nutritional and lifestyle advice to optimise your performance even further

We power your project from start to finish



CONSULTANCY

Benefit from our expertise, know-how and skillset from beginning to end. We start by understanding what you want to achieve and create the right solution for your needs. We agree the budget and are clear about consultancy fees upfront.

DESIGN

We skilfully guide you through your gym design journey helping you to achieve the best possible solution – on time and on budget – first time around. Our goal is always to create a truly bespoke space where form and function unite.

EQUIPMENT

We follow emerging trends and ensure your equipment smartly satisfies every need and requirement. We offer solutions to suit a range of budgets including specialist gym equipment from top suppliers, motive8 own-brand equipment and refurbished, reconditioned equipment with a 12-month warranty to save costs.

INSTALLATION & MAINTENANCE

Throughout the project we work closely with architects, planners and contractors to ensure everything runs smoothly and is installed to your specifications. We are the only provider to offer individually tailored aftercare packages to give you peace of mind that everything will run smoothly after installation.

The motive8 difference

We offer a full suite of expertly led, inspiring, comprehensive and complementary services.

From beginning to end, motive8 has the expertise, know-how and skills across its entire in-house team to create and deliver bespoke solutions.

- We take a curious, creative, questioning and personal approach
- We design the best possible solution to meet your needs first time around
- We provide professional guidance and plan every detail to your advantage
- We follow emerging trends and embrace new ways of thinking



“We take the time to understand your objectives and design the best solution to meet your needs.”

**JENNY CROMACK,
DIRECTOR**



We work with top industry suppliers with a proven track record and equipment that meets exacting high standards for performance and safety.

Determined to carve out the very best for our clients, we have researched, developed and produced our own equipment brand so you have full confidence everything will perform to the highest standards.



ERIMUS
WE SHALL BE

TECHNOGYM

CORE
HEALTH & FITNESS

concept 2

PELOTON

Octane
FITNESS

LifeFitness

wattbike

pulsefitness

Visit us

Take a look at some of our home gym projects or get in touch to visit one of our show sites across the UK and meet with a member of our team to discuss your home gym requirements.



Get in touch

We are always happy to discuss ideas and seek the perfect solutions. Contact our friendly team below.

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OUR ACCREDITATIONS

